

## RUSE FOOTBALL CLUB INCORPORATED

### **CODE OF CONDUCT FOR PLAYERS, PARENTS, COACHES AND MANAGERS**

#### Codes of Conduct:

These codes of conduct have been developed as a guide for players, parents, coaches & managers so that the experience at Ruse Football Club Inc can be a rewarding one.

The information used in these codes of conduct comes from:-

- 1 Australian Sports Commission,
- 2 Ruse Football Club Inc. &
- 3 Macarthur District Soccer Football Association Inc (MDSFA)
- 4 Illawarra Football Association IFA

The information contained in this document explains the conduct that is required of players, parents, coaches & managers; as well as their duties and responsibilities while being part of the Ruse Football Club Inc. It also contains information on what to do when assistance is required, or a dispute or concern arises.

In view of this, we recommend that you take the time to read this document and respectfully seek your compliance with the Ruse Football Club Inc. Codes of Conduct.

Executive Committee – Ruse Football Club Inc.

#### ***Players code of conduct:***

##### **Australian Sports Commission -**

- Play by the rules of the game
- Never argue with an official. If you disagree, have your coach or manager approach the official during a break (half time) or at the completion of the match.
- Control your temper. Verbal abuse of officials and sledging of other players, deliberately distracting or provoking an opponent is not acceptable or permitted behaviour in any sport.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Work equally hard for yourself and/or your team. Your team's performance will benefit and so will you.
- Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.

- Cooperate with your coach, manager, team mates and opponents. Without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please others.
- Be a good sport. Applaud all good plays regardless of which team makes them.

### **General**

- Work hard at both training and at home.
- Follow your coaches & managers directions during a game or at training. Do not follow instructions from any other people during these times as this will certainly confuse other players in your team.
- Do not abuse or criticise Referees or Assistant Referees (lines persons) at matches. If you do, you may be cautioned, booked or sent from the field.
- Ensure you are at training prior to the appointed starting time.
- Ensure that you arrive at match venues a minimum of 30 minutes prior to kick off time. Your coach will generally specify a time.
- When there, stay together as a team. This makes the coaches & managers jobs easier.
- Notify your coach or manager if you require medication during a match. (This includes Ventolin spray).
- Only your parents are allowed to give you medication of any kind.
- Notify your team coach or manager of any injuries.
- Your team manager will provide you with any necessary information during the season.
- You are expected to display good manners both at training sessions and at games. Foul language WILL NOT be tolerated.
- Be proud to respect the Ruse Football Club Inc.
- If you have any problems through the season contact your coach, manager or the club's coaching coordinator.

### **Parents code of conduct:**

#### **Australian Sports Commission –**

- Remember that children play sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Encourage children to always participate according to the rules of the game. (If you are either unsure of or do not know the rules, ask the coach or manager to explain them for you.)
- Focus on the child's performance and efforts rather than winning or losing.
- **NEVER** ridicule or yell at a child for making a mistake or losing a game.
- Remember that children learn best from example.
- Respect officials' decisions and teach children to do the same.
- Support all efforts to remove verbal and physical abuse for all sporting activities.
- Show appreciation for coaches, officials and administrators. Without these people your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of gender, ability, cultural background or religion.

### **General**

- Encourage your child to work hard at both training and at home.
- Provide support and encouragement for your child and the team at games, but do not offer coaching advice during a game or at training. This can cause confusion amongst the players and undermine the coach's position with the team.
- Do not abuse or criticise Referees or Assistant Referees (lines persons) at matches. If you persist in doing, your child may be removed from the field.
- Ensure that your child arrives at training sessions and match venues with sufficient time to prepare for the task at hand. (Ask your coach or manager for lead times.)
- You should advise the manager of any medication your child may need during a match. Only YOU can administer the medication. (This includes Ventolin spray).
- Your team manager will provide you with any necessary information during the season.
- During the season you will be required to participate in canteen and field set up duties. These are done on a roster basis.
- Notify your team coach or manager of any injuries to your child. If your child has to visit a doctor for this injury, a medical certificate is required before they will be able to train or play.
- The coach is the team selector on a week to week basis. Should you have any queries regarding team selections, please talk to the coach at the next training session or contact the club's coaching coordinator.

### ***Coaches & Managers code of conduct:***

#### **Australian Sports Commission –**

- Compliment and encourage all participants.
- Be consistent, objective and courteous when making decisions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Emphasise the spirit of the game rather than the errors.
- Encourage and promote rule changes that will make participation more enjoyable.
- Be a good sport yourself. Actions speak louder than words.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Display control, respect and professionalism to all involved with the sport.
- This includes opponents, officials, administrators, parents and spectators. Encourage players to do the same.
- Operate within the rules and spirit of the sport and teach your players to do the same.

#### **General**

- ***Coach and/or manager, or a team representative MUST attend the monthly meeting held at a time and place determined by the Executive Committee.***
- Encourage your team to assist with the canteen and field set up when your team is rostered.
- Use positive comments.
- Create a happy, pleasant and safe environment for the players.
- Never argue with or degrade another coach or manager.

- Do not allow an injured player to take the field. Players **MUST** provide a medical certificate if they have visited a doctor for injury or illness.
- Be fair, considerate and honest with players and parents.
- Accept responsibility for your actions.
- Be a positive role model for your players.
- Ensure that you have completed a '**Child Protection – Prohibited Employment Declaration**' form. This form **MUST** be completed by any person who has regular contact with the players in your team

**PROBLEM/GRIEVANCE/COMPLAINT PROCEDURES FOR PLAYERS/PARENTS/COACHES AND MANAGERS**

